



## ***Trainingscamp in Susice***

### **Period:**

All year possible

### **Sportscenter:**

- indoor swimming pool with sauna and steam bath
- facility for counterflow and undercurrent
- Training with four kayaks at the same time possible
- perfect training possibilities for water rescue
- track and field facility
- Hall of Mirrors
- drying rooms
- an artificial pitch 102x65 meters
- gym
- running track on the Otava and 400 meters track
- Spinning room
- climbing hall and high ropes course
- Meeting rooms



### **Accommodation:**

#### **Hotel Gabreta**

You will be accommodated at the hotel right in the city center - 5 minutes from the Sports Centre.

- Features:
- Double and triple
  - Shower / WC / TV / in room
  - Free internet access
  - Restaurant
  - Hotel bar



### **Support:**

- During your stay you will complete a contact person available which will help you in any way and ensures the smooth running

### **Leisure:**

In the immediate vicinity of the hotel there is a climbing gym, a high ropes course and the Opportunity to take canoe trips. Susice is located in the Bohemian Forest - landscape very appealing to the densely forested mountains surrounded the entire city. In the center of Susice there are several bars and cafes.

### Costs:

*The number and duration of training sessions, the duration of the training camp and special requests, you can always choose freely. Ask specifically just for us and we will send you a quote tailored to your needs*

### Organizer:

ARA-Sport  
Raidl Thomas und Tinter Stefanie GbR  
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### Contact:

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### Registration:

By e-mail to [Kontakt@ARA-Sport.de](mailto:Kontakt@ARA-Sport.de)  
or directly on [www.ARA-Sport.de](http://www.ARA-Sport.de)



### Info Video:

under the following link you will find a presentation video for the training possibilities in Susice  
<https://www.youtube.com/watch?v=8aalBtMoG-Q&feature=youtu.be>

We refer to our terms and conditions ([www.ara-sport.de](http://www.ara-sport.de))

**Upon submission of request for more information!**